

# TORONTO - ADULTS

## SIGNATURE EVENTS

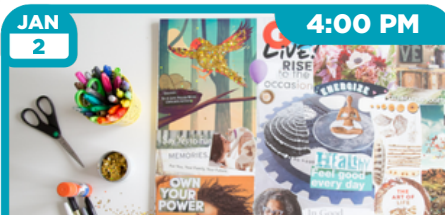
### January & February 2026

[www.ilac.com/activities](http://www.ilac.com/activities)



**TAMWOOD**

Scan the QR Code to register!



#### Vision Board FREE

Start the year by creating your own vision board and bring your dreams, goals, and inspirations together in one place!

Feel free to bring a special photo to make your vision board even more personal.

**Dream Building Campus**  
425 Bloor St E, 5<sup>th</sup> floor



#### Niagara Falls - Outlet \$85+

Get to know one of the world's wonders in this special ILAC trip!

Be on time, bring comfortable clothes & your camera!

**Museum Subway Station**  
100 Queens Park



#### Blue Mountain \$80+

Choose your adventure at Blue Mountain and enjoy either a relaxing play day or an exciting ski experience.

Dress warm and wear comfy clothes since you will be spending the day outdoors.

**York Mills**  
10 York Mills Rd



#### Welcome Walking Tour FREE

We are excited to show you around ILAC and the neighborhood! Join us to meet new people and see the city.

Ask any questions about ILAC and public transportation in Toronto!

**Dream Building Campus**  
425 Bloor St E, 4<sup>th</sup> floor



#### Ice Skating RENTAL FEE

Join us for a fun ice skating afternoon and enjoy the winter vibe on the rink.

Wear warm clothes and comfy socks since we will be outside in the cold.

**Nathan Phillips Square**  
100 Queen St W



#### Basketball Clinic FREE

"Buckets, bonding, and building skills our basketball clinic was a total win! Don't miss out. Be part of the action!"

Bring appropriate clothes, shoes and water. After meeting on Growth campus, we'll go together to the court!

**ILAC Growth Campus**  
120 Bloor St East, Ground Floor



#### Allan Garden Visit FREE

Discover the beauty of Allan Gardens and enjoy a peaceful escape filled with nature and color.

Remember to dress warm, we'll be walking to the gardens!

**Dream Building Campus**  
425 Bloor St E, 4<sup>th</sup> floor



#### Opera FREE

Join us for a cultural night at the opera as we enjoy Master and Pupil in January and Black Voices in Canadian Song in February.

Dress nicely and get ready for an evening filled with music and amazing performances.

**Richard Bradshaw Amphitheatre**  
145 Queen St W



#### Dance class FREE

Dance to the beat of Brazilian rhythms and urban music with us!

Be on time, bring comfortable clothes & get ready to dance!

**ILAC Growth Campus**  
120 Bloor St East, 3<sup>rd</sup> floor



#### French Canada Trip \$409

Enjoy the best of French Canada through three amazing cities: Ottawa, Montreal, and Quebec City!

Travel happens by land (Coach bus). More information on website.

**York Mills Station**  
10 York Mills Road



#### Volleyball Clinic FREE

Join our volleyball clinic and learn new skills while having fun on the court.

Wear sporty clothes and get ready to move, practice, and enjoy the game.

**ILAC Growth Campus**  
120 Bloor St East, Ground Floor



#### ILAC Ski Trip Blue Mountain \$209

Join an exclusive Blue Mountain trip for ILAC students and enjoy special discounted pricing.

Perfect for first time skiers and snowboarders. ILAC will provide ski pants, and students should dress in proper winter clothing for a full day outdoors.

**Ramsden Park 1020 Yonge Street**



#### International Party FREE

Welcome to ILAC! Join us for a free drink and meet your classmates! When it's over, you're invited to our afterparty @Momentos Night Club

Only new students will receive a ticket for the free drink and pizza. Please bring an ID (Physical copy).

**The Firkin on Bay**  
1075 Bay Street, M5S 2B1



#### Light Festival Picture Hunt FREE

Walk, snap, and be among the first to finish the photo challenge for a prize.

Bring comfortable shoes, a fully charged phone and your Instagram ready!

**Parliament & Mill St**  
Big Heart Entrance



#### Saint Valentine Party \$15+

Celebrate friendship, music, and good vibes at our Saint Valentine Party.

Wear your color for our Valentine traffic light game: red if you are in a relationship, white if you are single, and pink if it is complicated.

**Momentos Night Club**  
180 Pearl St



#### Arts & Crafts Night FREE

CANDLE DECO - Create your own candle and decorate it with colors and scents you love.

Feel free to bring a small charm or sticker if you want to make it extra personal.

**Dream Building Campus**  
425 Bloor St East, 5<sup>th</sup> floor

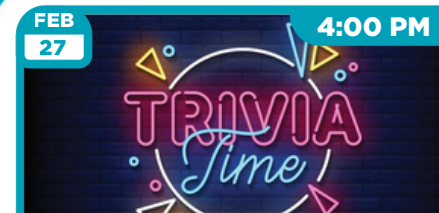


#### ILAC Ski Trip Horseshoe Valley \$169

Enjoy an exclusive Horseshoe Valley ski trip just for ILAC students at a special discounted price.

Perfect for first time skiers and snowboarders. ILAC will provide ski pants, and students should dress in proper winter clothing for a full day outdoors.

**Ramsden Park 1020 Yonge Street**



#### Trivia: Canadiana Edition FREE

Test your knowledge of Canada at our Canadiana Trivia Night and enjoy a fun challenge with friends.

There will be prizes for those who answer correctly, so get ready to play and win.

**Dream Building Campus**  
425 Bloor St East, 5<sup>th</sup> floor

We're here to help!

✉ [myexperience@ilac.com](mailto:myexperience@ilac.com)

👤 DB 4<sup>th</sup> floor Mon-Fri 10am-2pm

Afterparty @ Momentos (180 Pearl St):

Free for ILAC students (19+)  
every Wednesday before 10 pm

