



TORONTO 2026



# 2 WEEK ACTIVITY SCHEDULE

JANUARY 5<sup>TH</sup> STARTERS  
2 WEEKS



SUNDAY, JAN 4 <sup>TH</sup>	MONDAY, JAN 5 <sup>TH</sup>	TUESDAY, JAN 6 <sup>TH</sup>	WEDNESDAY, JAN 7 <sup>TH</sup>	THURSDAY, JAN 8 <sup>TH</sup>	FRIDAY, JAN 9 <sup>TH</sup>	SATURDAY, JAN 10 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 FULL DAY EXCURSION NIAGARA FALLS
	BREAK	CHILL & EXPLORE	BREAK	12:30 PM - 3:30 PM  CITY ACTION ICE SKATING	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	TEENS WELCOME		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR VAUGHAN MILLS OUTLET		2:00 PM - 5:00 PM  CITY SPOTLIGHT CN TOWER		6:00 PM - 8:30 PM  ILAC SOCIAL MOVIE NIGHT	

SUNDAY, JAN 11 <sup>TH</sup>	MONDAY, JAN 12 <sup>TH</sup>	TUESDAY, JAN 13 <sup>TH</sup>	WEDNESDAY, JAN 14 <sup>TH</sup>	THURSDAY, JAN 15 <sup>TH</sup>	FRIDAY, JAN 16 <sup>TH</sup>	SATURDAY, JAN 17 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	DEPARTURE
	BREAK	12:30 PM - 4:30 PM  CITY ACTION BOWLING + LASER TAG	BREAK	CHILL & EXPLORE	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		TEENS GRADUATION	
	2:00 PM - 5:00 PM  WALKING TOUR TRILLIUM PARK		2:00 PM - 5:00 PM  CITY SPOTLIGHT ROYAL ONTARIO MUSEUM		6:00 PM - 8:30 PM  ILAC SOCIAL GAMES + KARAOKE	

JANUARY 12<sup>TH</sup> STARTERS  
2 WEEKS



SUNDAY, JAN 11 <sup>TH</sup>	MONDAY, JAN 12 <sup>TH</sup>	TUESDAY, JAN 13 <sup>TH</sup>	WEDNESDAY, JAN 14 <sup>TH</sup>	THURSDAY, JAN 15 <sup>TH</sup>	FRIDAY, JAN 16 <sup>TH</sup>	SATURDAY, JAN 17 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 FULL DAY EXCURSION NIAGARA FALLS
	BREAK	12:30 PM - 4:30 PM  CITY ACTION BOWLING + LASER TAG	BREAK	CHILL & EXPLORE	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	TEENS WELCOME		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR TRILLIUM PARK		2:00 PM - 5:00 PM  CITY SPOTLIGHT ROYAL ONTARIO MUSEUM		6:00 PM - 8:30 PM  ILAC SOCIAL GAMES + KARAOKE	

SUNDAY, JAN 18 <sup>TH</sup>	MONDAY, JAN 19 <sup>TH</sup>	TUESDAY, JAN 20 <sup>TH</sup>	WEDNESDAY, JAN 21 <sup>ST</sup>	THURSDAY, JAN 22 <sup>ND</sup>	FRIDAY, JAN 23 <sup>RD</sup>	SATURDAY, JAN 24 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	DEPARTURE
	BREAK	CHILL & EXPLORE	BREAK	12:30 PM - 3:30 PM  CITY ACTION ICE SKATING	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		TEENS GRADUATION	
	2:00 PM - 5:00 PM  WALKING TOUR GRAFFITI ALLEY + KENSINGTON MARKET		2:00 PM - 5:00 PM  CITY SPOTLIGHT RIPLEY'S AQUARIUM		6:00 PM - 8:30 PM  ILAC SOCIAL WINTER PARTY	

JANUARY 19<sup>TH</sup> STARTERS  
2 WEEKS



TEEN STARTERS

SUNDAY, JAN 18 <sup>TH</sup>	MONDAY, JAN 19 <sup>TH</sup>	TUESDAY, JAN 20 <sup>TH</sup>	WEDNESDAY, JAN 21 <sup>ST</sup>	THURSDAY, JAN 22 <sup>ND</sup>	FRIDAY, JAN 23 <sup>RD</sup>	SATURDAY, JAN 24 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 FULL DAY EXCURSION NIAGARA FALLS
	BREAK	CHILL & EXPLORE	BREAK	12:30 PM - 3:30 PM  CITY ACTION ICE SKATING	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	TEENS WELCOME		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR GRAFFITI ALLEY + KENSINGTON MARKET		2:00 PM - 5:00 PM  CITY SPOTLIGHT RIPLEY'S AQUARIUM		6:00 PM - 8:30 PM  ILAC SOCIAL WINTER PARTY	

SUNDAY, JAN 25 <sup>TH</sup>	MONDAY, JAN 26 <sup>TH</sup>	TUESDAY, JAN 27 <sup>TH</sup>	WEDNESDAY, JAN 28 <sup>TH</sup>	THURSDAY, JAN 29 <sup>TH</sup>	FRIDAY, JAN 30 <sup>TH</sup>	SATURDAY, JAN 31 <sup>ST</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	DEPARTURE
	BREAK	12:30 PM - 4:30 PM  CITY ACTION SKYZONE TRAMPOLINE + ACTIVITY PARK	BREAK	CHILL & EXPLORE	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		TEENS GRADUATION	
	2:00 PM - 5:00 PM  WALKING TOUR YORKVILLE + THE WELL		2:00 PM - 5:00 PM  CITY SPOTLIGHT ART GALLERY OF ONTARIO		6:00 PM - 8:30 PM  ILAC SOCIAL DIY TOTE PAINTING	

JANUARY 26<sup>TH</sup> STARTERS  
2 WEEKS



SUNDAY, JAN 25 <sup>TH</sup>	MONDAY, JAN 26 <sup>TH</sup>	TUESDAY, JAN 27 <sup>TH</sup>	WEDNESDAY, JAN 28 <sup>TH</sup>	THURSDAY, JAN 29 <sup>TH</sup>	FRIDAY, JAN 30 <sup>TH</sup>	SATURDAY, JAN 31 <sup>ST</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	
	BREAK	12:30 PM - 4:30 PM  CITY ACTION SKYZONE TRAMPOLINE + ACTIVITY PARK	BREAK	CHILL & EXPLORE	BREAK	 FULL DAY EXCURSION NIAGARA FALLS
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	TEENS WELCOME		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR YORKVILLE + THE WELL		2:00 PM - 5:00 PM  CITY SPOTLIGHT ART GALLERY OF ONTARIO		6:00 PM - 8:30 PM  ILAC SOCIAL DIY TOTE PAINTING	

SUNDAY, FEB 1 <sup>ST</sup>	MONDAY, FEB 2 <sup>ND</sup>	TUESDAY, FEB 3 <sup>RD</sup>	WEDNESDAY, FEB 4 <sup>TH</sup>	THURSDAY, FEB 5 <sup>TH</sup>	FRIDAY, FEB 6 <sup>TH</sup>	SATURDAY, FEB 7 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	DEPARTURE
	BREAK	CHILL & EXPLORE	BREAK	12:30 PM - 3:30 PM  CITY ACTION ICE SKATING	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		TEENS GRADUATION	
	2:00 PM - 5:00 PM  WALKING TOUR VAUGHAN MILLS OUTLET		2:00 PM - 5:00 PM  CITY SPOTLIGHT CN TOWER		6:00 PM - 8:30 PM  ILAC SOCIAL MOVIE NIGHT	



TORONTO 2026

















# 3 WEEK ACTIVITY SCHEDULE



JANUARY 5<sup>TH</sup> STARTERS  
3 WEEKS







SUNDAY, JAN 4 <sup>TH</sup>	MONDAY, JAN 5 <sup>TH</sup>	TUESDAY, JAN 6 <sup>TH</sup>	WEDNESDAY, JAN 7 <sup>TH</sup>	THURSDAY, JAN 8 <sup>TH</sup>	FRIDAY, JAN 9 <sup>TH</sup>	SATURDAY, JAN 10 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 FULL DAY EXCURSION NIAGARA FALLS
	BREAK	CHILL & EXPLORE	BREAK	12:30 PM - 3:30 PM  CITY ACTION ICE SKATING	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	TEENS WELCOME		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR VAUGHAN MILLS OUTLET		2:00 PM - 5:00 PM  CITY SPOTLIGHT CN TOWER		6:00 PM - 8:30 PM  ILAC SOCIAL MOVIE NIGHT	
SUNDAY, JAN 11 <sup>TH</sup>	MONDAY, JAN 12 <sup>TH</sup>	TUESDAY, JAN 13 <sup>TH</sup>	WEDNESDAY, JAN 14 <sup>TH</sup>	THURSDAY, JAN 15 <sup>TH</sup>	FRIDAY, JAN 16 <sup>TH</sup>	SATURDAY, JAN 17 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 WALKING TOUR NATHAN PHILIP SQUARE + EATON CENTRE
	BREAK	12:30 PM - 4:30 PM  CITY ACTION BOWLING + LASER TAG	BREAK	CHILL & EXPLORE	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR TRILLIUM PARK		2:00 PM - 5:00 PM  CITY SPOTLIGHT ROYAL ONTARIO MUSEUM		6:00 PM - 8:30 PM  ILAC SOCIAL GAMES + KARAOKE	
SUNDAY, JAN 18 <sup>TH</sup>	MONDAY, JAN 19 <sup>TH</sup>	TUESDAY, JAN 20 <sup>TH</sup>	WEDNESDAY, JAN 21 <sup>ST</sup>	THURSDAY, JAN 22 <sup>ND</sup>	FRIDAY, JAN 23 <sup>RD</sup>	SATURDAY, JAN 24 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 FULL DAY EXCURSION HORSESHOE VALLEY SKI/SNOWBOARDING	8:30 AM - 11:10 AM ENGLISH LESSON	DEPARTURE
	BREAK	CHILL & EXPLORE	BREAK		BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		TEENS GRADUATION	
	2:00 PM - 5:00 PM  WALKING TOUR GRAFFITI ALLEY + KENSINGTON MARKET		2:00 PM - 5:00 PM  CITY SPOTLIGHT RIPLEY'S AQUARIUM		6:00 PM - 8:30 PM  ILAC SOCIAL WINTER PARTY	

JANUARY 12<sup>TH</sup> STARTERS  
3 WEEKS



SUNDAY, JAN 11 <sup>TH</sup>	MONDAY, JAN 12 <sup>TH</sup>	TUESDAY, JAN 13 <sup>TH</sup>	WEDNESDAY, JAN 14 <sup>TH</sup>	THURSDAY, JAN 15 <sup>TH</sup>	FRIDAY, JAN 16 <sup>TH</sup>	SATURDAY, JAN 17 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 <b>FULL DAY EXCURSION</b> <b>NIAGARA FALLS</b>
	BREAK	12:30 PM - 4:30 PM  <b>CITY ACTION</b> <b>BOWLING + LASER TAG</b>	BREAK	CHILL & EXPLORE	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	TEENS WELCOME		BREAK		BREAK	
	2:00 PM - 5:00 PM  <b>WALKING TOUR</b> <b>TRILLIUM PARK</b>		2:00 PM - 5:00 PM  <b>CITY SPOTLIGHT</b> <b>ROYAL ONTARIO MUSEUM</b>		6:00 PM - 8:30 PM  <b>ILAC SOCIAL</b> <b>GAMES + KARAOKE</b>	

SUNDAY, JAN 18 <sup>TH</sup>	MONDAY, JAN 19 <sup>TH</sup>	TUESDAY, JAN 20 <sup>TH</sup>	WEDNESDAY, JAN 21 <sup>ST</sup>	THURSDAY, JAN 22 <sup>ND</sup>	FRIDAY, JAN 23 <sup>RD</sup>	SATURDAY, JAN 24 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 FULL DAY EXCURSION HORSESHOE VALLEY SKI/SNOWBOARDING	8:30 AM - 11:10 AM ENGLISH LESSON	 WALKING TOUR ST. LAWRENCE MARKET + DISTILLERY DISTRICT
	BREAK	CHILL & EXPLORE	BREAK		BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR GRAFFITI ALLEY + KENSINGTON MARKET				2:00 PM - 5:00 PM  CITY SPOTLIGHT RIPLEY'S AQUARIUM	

SUNDAY, JAN 25 <sup>TH</sup>	MONDAY, JAN 26 <sup>TH</sup>	TUESDAY, JAN 27 <sup>TH</sup>	WEDNESDAY, JAN 28 <sup>TH</sup>	THURSDAY, JAN 29 <sup>TH</sup>	FRIDAY, JAN 30 <sup>TH</sup>	SATURDAY, JAN 31 <sup>ST</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	DEPARTURE
	BREAK	12:30 PM - 4:30 PM  CITY ACTION SKYZONE TRAMPOLINE + ACTIVITY PARK	BREAK	CHILL & EXPLORE	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		TEENS GRADUATION	
	2:00 PM - 5:00 PM  WALKING TOUR YORKVILLE + THE WELL		2:00 PM - 5:00 PM  CITY SPOTLIGHT ART GALLERY OF ONTARIO		6:00 PM - 8:30 PM  ILAC SOCIAL DIY TOTE PAINTING	



JANUARY 18<sup>TH</sup> STARTERS  
3 WEEKS



SUNDAY, JAN 18 <sup>TH</sup>	MONDAY, JAN 19 <sup>TH</sup>	TUESDAY, JAN 20 <sup>TH</sup>	WEDNESDAY, JAN 21 <sup>ST</sup>	THURSDAY, JAN 22 <sup>ND</sup>	FRIDAY, JAN 23 <sup>RD</sup>	SATURDAY, JAN 24 <sup>TH</sup>
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	BREAK	CHILL & EXPLORE	BREAK		BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	TEENS WELCOME		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR GRAFFITI ALLEY + KENSINGTON MARKET		2:00 PM - 5:00 PM  CITY SPOTLIGHT RIPLEY'S AQUARIUM		6:00 PM - 8:30 PM  ILAC SOCIAL WINTER PARTY	

SUNDAY, JAN 25 <sup>TH</sup>	MONDAY, JAN 26 <sup>TH</sup>	TUESDAY, JAN 27 <sup>TH</sup>	WEDNESDAY, JAN 28 <sup>TH</sup>	THURSDAY, JAN 29 <sup>TH</sup>	FRIDAY, JAN 30 <sup>TH</sup>	SATURDAY, JAN 31 <sup>ST</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 FULL DAY EXCURSION NIAGARA FALLS
	BREAK	12:30 PM - 4:30 PM  CITY ACTION SKYZONE TRAMPOLINE + ACTIVITY PARK	BREAK	CHILL & EXPLORE	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR YORKVILLE + THE WELL		2:00 PM - 5:00 PM  CITY SPOTLIGHT ART GALLERY OF ONTARIO		6:00 PM - 8:30 PM  ILAC SOCIAL DIY TOTE PAINTING	

SUNDAY, FEB 1 <sup>ST</sup>	MONDAY, FEB 2 <sup>ND</sup>	TUESDAY, FEB 3 <sup>RD</sup>	WEDNESDAY, FEB 4 <sup>TH</sup>	THURSDAY, FEB 5 <sup>TH</sup>	FRIDAY, FEB 6 <sup>TH</sup>	SATURDAY, FEB 7 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	DEPARTURE
	BREAK	CHILL & EXPLORE	BREAK	12:30 PM - 3:30 PM  CITY ACTION ICE SKATING	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		TEENS GRADUATION	
	2:00 PM - 5:00 PM  WALKING TOUR VAUGHAN MILLS OUTLET		2:00 PM - 5:00 PM  CITY SPOTLIGHT CN TOWER		6:00 PM - 8:30 PM  ILAC SOCIAL MOVIE NIGHT	






















TORONTO 2026



# 4 WEEK ACTIVITY SCHEDULE

JANUARY 5<sup>TH</sup> STARTERS  
4 WEEKS






















SUNDAY, JAN 4 <sup>TH</sup>	MONDAY, JAN 5 <sup>TH</sup>	TUESDAY, JAN 6 <sup>TH</sup>	WEDNESDAY, JAN 7 <sup>TH</sup>	THURSDAY, JAN 8 <sup>TH</sup>	FRIDAY, JAN 9 <sup>TH</sup>	SATURDAY, JAN 10 <sup>TH</sup>
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	BREAK	CHILL & EXPLORE	BREAK	12:30 PM - 3:30 PM  CITY ACTION ICE SKATING	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	TEENS WELCOME		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR VAUGHAN MILLS OUTLET		2:00 PM - 5:00 PM  CITY SPOTLIGHT CN TOWER		6:00 PM - 8:30 PM  ILAC SOCIAL MOVIE NIGHT	
SUNDAY, JAN 11 <sup>TH</sup>	MONDAY, JAN 12 <sup>TH</sup>	TUESDAY, JAN 13 <sup>TH</sup>	WEDNESDAY, JAN 14 <sup>TH</sup>	THURSDAY, JAN 15 <sup>TH</sup>	FRIDAY, JAN 16 <sup>TH</sup>	SATURDAY, JAN 17 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 WALKING TOUR NATHAN PHILIP SQUARE + EATON CENTRE
	BREAK	12:30 PM - 4:30 PM  CITY ACTION BOWLING + LASER TAG	BREAK	CHILL & EXPLORE	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR TRILLIUM PARK		2:00 PM - 5:00 PM  CITY SPOTLIGHT ROYAL ONTARIO MUSEUM		6:00 PM - 8:30 PM  ILAC SOCIAL GAMES + KARAOKE	
SUNDAY, JAN 18 <sup>TH</sup>	MONDAY, JAN 19 <sup>TH</sup>	TUESDAY, JAN 20 <sup>TH</sup>	WEDNESDAY, JAN 21 <sup>ST</sup>	THURSDAY, JAN 22 <sup>ND</sup>	FRIDAY, JAN 23 <sup>RD</sup>	SATURDAY, JAN 24 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 FULL DAY EXCURSION HORSESHOE VALLEY SKI/SNOWBOARDING	8:30 AM - 11:10 AM ENGLISH LESSON	 WALKING TOUR ST. LAWRENCE MARKET + DISTILLERY DISTRICT
	BREAK	CHILL & EXPLORE	BREAK		BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR GRAFFITI ALLEY + KENSINGTON MARKET		2:00 PM - 5:00 PM  CITY SPOTLIGHT RIPLEY'S AQUARIUM		6:00 PM - 8:30 PM  ILAC SOCIAL WINTER PARTY	
SUNDAY, JAN 25 <sup>TH</sup>	MONDAY, JAN 26 <sup>TH</sup>	TUESDAY, JAN 27 <sup>TH</sup>	WEDNESDAY, JAN 28 <sup>TH</sup>	THURSDAY, JAN 29 <sup>TH</sup>	FRIDAY, JAN 30 <sup>TH</sup>	SATURDAY, JAN 31 <sup>ST</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	DEPARTURE
	BREAK	12:30 PM - 4:30 PM  CITY ACTION SKYZONE TRAMPOLINE + ACTIVITY PARK	BREAK	CHILL & EXPLORE	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		TEENS GRADUATION	
	2:00 PM - 5:00 PM  WALKING TOUR YORKVILLE + THE WELL		2:00 PM - 5:00 PM  CITY SPOTLIGHT ART GALLERY OF ONTARIO		6:00 PM - 8:30 PM  ILAC SOCIAL DIY TOTE PAINTING	

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JANUARY 12<sup>TH</sup> STARTERS  
4 WEEKS



SUNDAY, JAN 11 <sup>TH</sup>	MONDAY, JAN 12 <sup>TH</sup>	TUESDAY, JAN 13 <sup>TH</sup>	WEDNESDAY, JAN 14 <sup>TH</sup>	THURSDAY, JAN 15 <sup>TH</sup>	FRIDAY, JAN 16 <sup>TH</sup>	SATURDAY, JAN 17 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 WALKING TOUR NATHAN PHILIP SQUARE + EATON CENTRE
	BREAK	 CITY ACTION BOWLING + LASER TAG	BREAK	CHILL & EXPLORE	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	TEENS WELCOME		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR TRILLIUM PARK		2:00 PM - 5:00 PM  CITY SPOTLIGHT ROYAL ONTARIO MUSEUM		6:00 PM - 8:30 PM  ILAC SOCIAL GAMES + KARAOKE	
SUNDAY, JAN 18 <sup>TH</sup>	MONDAY, JAN 19 <sup>TH</sup>	TUESDAY, JAN 20 <sup>TH</sup>	WEDNESDAY, JAN 21 <sup>ST</sup>	THURSDAY, JAN 22 <sup>ND</sup>	FRIDAY, JAN 23 <sup>RD</sup>	SATURDAY, JAN 24 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 FULL DAY EXCURSION HORSESHOE VALLEY SKI/SNOWBOARDING	8:30 AM - 11:10 AM ENGLISH LESSON	 WALKING TOUR ST. LAWRENCE MARKET + DISTILLERY DISTRICT
	BREAK	CHILL & EXPLORE	BREAK		BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR GRAFFITI ALLEY + KENSINGTON MARKET		2:00 PM - 5:00 PM  CITY SPOTLIGHT RIPLEY'S AQUARIUM		6:00 PM - 8:30 PM  ILAC SOCIAL WINTER PARTY	
SUNDAY, JAN 25 <sup>TH</sup>	MONDAY, JAN 26 <sup>TH</sup>	TUESDAY, JAN 27 <sup>TH</sup>	WEDNESDAY, JAN 28 <sup>TH</sup>	THURSDAY, JAN 29 <sup>TH</sup>	FRIDAY, JAN 30 <sup>TH</sup>	SATURDAY, JAN 31 <sup>ST</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	 FULL DAY EXCURSION NIAGARA FALLS
	BREAK	 CITY ACTION SKYZONE TRAMPOLINE + ACTIVITY PARK	BREAK	CHILL & EXPLORE	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		BREAK	
	2:00 PM - 5:00 PM  WALKING TOUR YORKVILLE + THE WELL		2:00 PM - 5:00 PM  CITY SPOTLIGHT ART GALLERY OF ONTARIO		6:00 PM - 8:30 PM  ILAC SOCIAL DIY TOTE PAINTING	
SUNDAY, FEB 1 <sup>ST</sup>	MONDAY, FEB 2 <sup>ND</sup>	TUESDAY, FEB 3 <sup>RD</sup>	WEDNESDAY, FEB 4 <sup>TH</sup>	THURSDAY, FEB 5 <sup>TH</sup>	FRIDAY, FEB 6 <sup>TH</sup>	SATURDAY, FEB 7 <sup>TH</sup>
STUDY SUNDAY	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	8:30 AM - 11:10 AM ENGLISH LESSON	DEPARTURE
	BREAK	CHILL & EXPLORE	BREAK	 CITY ACTION ICE SKATING	BREAK	
	11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON		11:40 AM - 1:00 PM ENGLISH LESSON	
	BREAK		BREAK		TEENS GRADUATION	
	2:00 PM - 5:00 PM  WALKING TOUR VAUGHAN MILLS OUTLET		2:00 PM - 5:00 PM  CITY SPOTLIGHT CN TOWER		6:00 PM - 8:30 PM  ILAC SOCIAL MOVIE NIGHT	

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